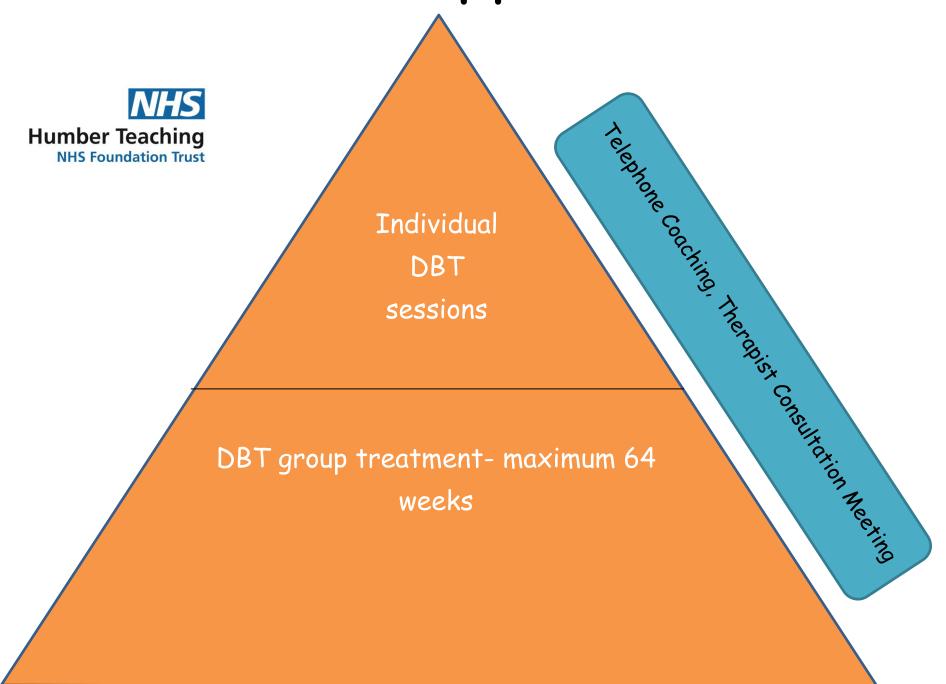
Humber DBT Stepped Care Model



Consultation and supervision to other professionals e.g. care co-ordinators, inpatient staff

Training for community mental health teams (CMHTS), inpatient units, crisis pad, third sector providers (and others)

Skills workshops for clinicians and family/friends of current or previous DBT patients